

Skyline Tenant Newsletter April 2014



Happy Easter

Easter is on

April 20th!

Strawberry Spinach Salad

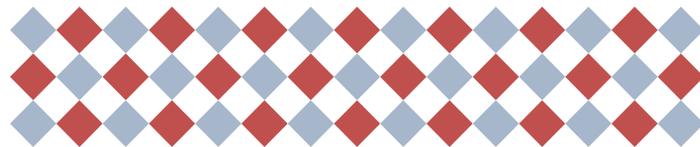


Easter's right around the corner and what a better dish to serve during brunch, lunch or dinner! Top with salmon, grilled shrimp or garnish with feta.

- 2 tbp of sesame seeds
- 1 tbp poppy seeds
- 1/2 cup white sugar
- 1/2 cup olive oil
- 1/4 cup distilled white vinegar
- 1/4 tsp paprika
- 1/4 tsp Worcestershire sauce
- 1 tbp minced onion
- 10 oz fresh spinach
- 1 qt strawberries-sliced
- 1/4 cups almonds, blanched & slivered

Directions

1. In a medium bowl, whisk together sesame/poppy seeds, sugar, oil, vinegar, paprika, Worcestershire sauce, and onions
2. In a large bowl, combine remaining ingredients, pour dressing over salad, toss and refrigerate 10-15 minutes before serving.



THANK YOU

**for your participation in the
Kingley Tenant Surveys! We
greatly appreciate your feedback
as it helps us to better serve
YOU!**



Eggstravaganzoo

April 19th

Is [Nashville Zoo's](#) annual Easter event and one of Nashville's most popular Easter events. Kids will enjoy getting special treats and even a few to give to the animals too. Meet the Easter Bunny and stick around for their Annual Easter Egg Hunt. Make sure to forewarn the kids that all of the Easter eggs are empty but not to fret because after each egg hunt they can be turned in for a variety of special prizes.

Nashville Zoo *Free with Zoo Admission*
777 Nolensville Road
615-833-1534

April is Autism Awareness Month



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areas that require attention.

Property Management Team at Skyline

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Maintenance
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Autism is a complex developmental disability that typically appears during the first three years of life and affects a person's ability to communicate and interact with others.

It is a "spectrum disorder" and affects individuals differently and in varying degrees. There is no single known cause of autism. Although children do not "outgrow" autism, it is *treatable*, so *knowing the signs is important to improving the outcome*. For more information, visit www.cdc.gov/ncbddd/actearly

Know the signs....

- ⇒ Lack or delay in spoken language
- ⇒ Repetitive use of language and/or motor skills
 - ⇒ Little or no eye contact
 - ⇒ Lack of interest in peer relationships
- ⇒ Lack of spontaneous or make-believe play
- ⇒ Persistent fixation on part of an object

Spanning a Lifetime

In mainstream media, we think of autism only affecting children, but we often forget that it spans a lifetime. For those dealing with a person with autism, there can be a lot of stress. Recognizing and preparing for some common challenges can make a tremendous difference for everyone involved.

Get Involved

Reach out to our local affiliate:
Autism Society of Middle Tennessee
955 Woodland Street, Nashville, TN
(615) 385-2077 x1

